

# FUTURES GUIDANCE AND EDUCATION

Futures Guidance focuses on developing futures thinking and skills at the personal level. We train educators and other professionals to implement futures thinking and skills across all levels of education and society.

The main goal of Futures Guidance is to promote futures awareness and provide tools for creating the future at personal and communal level. Our methods and tools can be used at different educational levels, within counselling services and organisational development work.

## THE KEY ELEMENTS OF FUTURES GUIDANCE

- Supporting future orientation, self-reliance and a creative and open-minded attitude towards the future.
- Promoting non-linear thinking and plurality of futures.
- Shifting focus from the next step to further possibilities.
- Making visible values behind our choices.
- Learning by doing – together.

## WHAT WE DO

- We offer a Futures Guidance academic study module (15 ECTS cr) and have trained over 200 teachers, counsellors and HR specialists in Finland since 2017.
- Yearly we reach almost 2000 experts in the education field via our lectures and tailored training sessions.
- We provide free teaching materials and exercises for futures guidance and education.
- We collaborate actively with governmental organisations, NGO's, universities, schools and students.
- We facilitate futures oriented processes related to futures skills and competences as well as development needs in the fields of education and work life.

## BACKGROUND

Futures Guidance combines futures research methods with sociodynamic career guidance. The concept and tools of Futures Guidance have been developed at the Finland Futures Research Centre since 2009.

## FUTURE

Future generations need skills to solve issues which don't yet exist. We are committed to promoting futures skills as civic skills in Finland, striving for nationwide curricula in primary and secondary schools as well as in teacher training.

## FUTURES SKILLS

*Imaging possible futures*   *Systems thinking*   *Critical thinking*

*Thorough understanding of sustainability*

*Responsibility*   *Non-linear thinking and creativity*

*Recognition and development of temporal perception*

*Perceiving complexity*   *Reflection, value reflection*



LEARN MORE ABOUT  
FUTURES GUIDANCE:  
[www.futuresguidance.fi](http://www.futuresguidance.fi)

## SOME OF OUR RESOURCES

**Futures Guidance Workbook (2017)**  
[tulevaisuusohjaus.fi/english/#FGWB](http://tulevaisuusohjaus.fi/english/#FGWB)

**Get a Life simulation**  
[getalife.fi/index\\_en.html](http://getalife.fi/index_en.html)

## CONTACT US



**JOHANNA OLLILA**  
Research Manager



**SARI MIETTINEN**  
Project Specialist

[tulevaisuusohjaus@utu.fi](mailto:tulevaisuusohjaus@utu.fi)  
[firstname.lastname@utu.fi](mailto:firstname.lastname@utu.fi)